

# Scientific Based Nutrition

## Nutrition Therapy Validation Control Sheet

**Patient Info:** CP 53 YO Female.

History of rheumatoid arthritis, high blood pressure. Under the care of rheumatologist. On methotrexate, steroids anti-inflammatory medications Patient was diabetic from steroids and had stage two kidney failure. GFR - glomerular filtration rate is the best test to measure your level of kidney function and determine your stage of kidney disease.. *Source National Kidney Foundation.* Serial blood chemistries from November 2009 to September 2010 showed decreasing kidney function/GFR\*\* Started treatment in our office September 2010. Next two blood chemistries demonstrated increasing kidney function with a return of kidney function to normal (GFT >60) by January 2011§

Test Date(s): November 2009 to September 2010

Date(s): September 2010 to December 2010, January 2011 >60

GFR

Before Treatment

\*\* 53, 55, 52,

With Treatment

§ 57, greater than >60

